

Newsletter

27 September 2021

Number 27/21

**Kia Ora Koutou
Greetings**



Whakaute Respect



We would like to take this opportunity to acknowledge and thank our parents, caregivers, families and whanau for the ongoing support we have received over this very difficult term. We hope that families can make some time with your children and enjoy the break.

Term 3
Weds 29 Sept
- BOT
Meeting
5:30pm
Fri 1 Oct
- Term 3 ends
Mon 18 Oct
- Term 4
commences

ART & CRAFT SUPPLIES & DVDS

Our Childsplay Holiday Programme is looking for donations of Arts and Crafts supplies. Material, wool, etc.

Also if you have any old DVD's you wish to donate to the programme these would be gratefully received.

These can be sent to school with your child and dropped to the office.

YUMMY STICKERS

Last call for Yummy Stickers and Labels. Our school is able to access free sports gear through the Yummy Sticker programme.

SCHOOL PHOTOS

School photos have now arrived. Please contact the office on 07 8897250 to advise if it is ok to send these home with your child. If you wish to collect please come to the gate and wait and phone the office who will bring these out to you. Remaining photos will be sent home on Friday 1 October.

Room 4 have been working on wellbeing through the Te Whare Tapu Wha model. This includes Taha Wairua (spiritual wellbeing), Taha Tinana (physical wellbeing), Taha Whanau (family & social wellbeing), Taha Hinengaro (mental & emotional wellbeing) and Whenua (the land). In room 4 we have been writing about a time that enhanced our wellbeing and how.

Te whare tapu wha

One of my favourite memories is going to interschool swimming. This moment made me happy and enhanced.

Walking up to the edge of the pool meant that I had to keep positive, all of my family and friends had their eyes on me like I was prey and they were waiting to pounce. All the practice I did led up to this moment. Never have I ever felt more pressured in my life.

I look around and I see everyone so eager to win just like me. At this point I couldn't turn back. I had to keep believing in myself, by this point the race was about to start and I was afraid and scared and then I turned and I saw my family and friends cheering for me. I was ready to win.

By Isabella Symon, Year 6, Room 4.

TAHA WAIRUA:
Spiritual

TAHA HINENGARO:
Mental and emotional

TAHA TINANA:
Physical

TAHA WHANAU:
Family and social

Te whare Tapu Wha

One of my favourite memories is coming second in my race at interschools swimming. This moment made me feel happy and enhanced.

Leading up to my race it was important to drink lots of water, eat healthy and train because it makes us faster and it is good for you.

It is good for you to believe in yourself and keep positive, don't let yourself down, and don't listen to what others say.

As I hear my family and friends chanting on for me as I'm gliding through the pool and I'm thankful for all the support even though I didn't come the place I wanted to come first.

By Matekino Wilson, Year 6, Room 4.

TAHA WAIRUA:
Spiritual

TAHA HINENGARO:
Mental and emotional

TAHA TINANA:
Physical

TAHA WHANAU:
Family and social

Enhancing my Wellbeing

One of my favourite memories is going skiing at the snow. This made me feel excited and nervous.

When we first got there we had to que and que. But we finally got to "happy valley" (The easiest place with snow) I bent down to touch the snow (it felt cold and icy) a bit more like Ice than snow I think. I knew I had to believe in myself, I could do this.

I could hear my parents calling "go Erin!" I tried to get my feet not to collapse! (because the ice was slippery.) I could see my parents coming to help me get back up. I kept trying and told myself "I could it" then I did! Now I could ski like a pro and I was very happy with myself. I could taste the ice in my mouth and smell artificial snow. It was great fun.

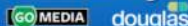
By Erin Hamer, Year 5, Room 4.

RUN, JUMP OR THROW?

GIVE IT A GO!



To find out about your local club, sprint to athletics.org.nz.



Morrinsville Athletics Club

2021/2022 Season Register
online at www.sporty.co.nz/morrinsvilleaa.

First Club night

Tuesday Oct 26, 5.45pm, Morrinsville College grounds

Ages 2-14. Enquiries: morrinsvilleaac@gmail.com

Morrinsville Junior Cricket Club

Registrations are now open for term 4 2021

CRICKET

Register your child/children now at:

Years 1-4 <https://registrations.crichq.com/register/297054/dependents>

Years 5-8 <https://registrations.crichq.com/register/36771>

**Term 4 cricket
registrations are now
open!**

- Years 1-4 Friday night programme will this term be run by Northern Districts Cricket, held at the Morrinsville Recreation Grounds 4.30-5.30pm.

For any child Years 1 - 8



6 week "Give it a Go" programme Friday 5th November - Friday 10th December. \$60 registration fee includes a participant pack. Register now at: <https://registrations.crichq.com/register/297054/dependents>

- Years 5-6 & Years 7/8 Saturday hardball cricket will continue in the Thames Valley Cricket Competition. Saturday 30th October - Saturday 11th December. \$30 for years 5/6 & \$40 for years 7/8. Register now at: <https://registrations.crichq.com/register/36771>

LUNCH
BY
LIBELLE

Term 3, 2021

KAURI WEEK

27/09-01/10

MONDAY

Meatloaf, Mashed Potato & Vegetables

Savoury mince meatloaf,
mashed potato and vegetables.

Dietary Alternatives:
V, NB: Vegetable cottage pie
DF, VE: Potato wedges
VE: Savoury lentils

Snack: Cookie

Snack Dietary Alternatives:
GF: Blissbites



TUESDAY

Pizza Roll Up & Salad

Wholemeal wrap, pizza sauce,
cheese & pizza ham (baked)
with salad.

Dietary Alternatives:
V, VE: Mushroom chickpea filling
H, NP: Chicken filling
DF, VE: Vegan cheese
GF: GF tortilla

Snack: Fruity
Yoghurt*Cookie

Snack Dietary Alternatives:
VE, DF: Fruit salad or mixed nuts
*Blissbites

WEDNESDAY

Chicken Stew with Potato Wedges

Chicken, corn and veggies stew
with potato wedges.

Dietary Alternatives:
V, VE: White beans and vegetable
sauce

Snack: Pikelet

Snack Dietary Alternatives:
GF: GF cracker or Blissbites
DF, EF, VE: Cracker or Blissbites

THURSDAY

Bacon Lettuce Sandwich

Wholemeal bread, bacon,
lettuce, tomato relish, cheese &
mayo with potato salad.

Dietary Alternatives:
GF: GF bread
H, NP: Sliced chicken
V, VE: Black bean patty
DF, VE: Vegan cheese
EF, VE: Vegan mayo
DF, VE: Corn & beans

Snack: Cookie

Snack Dietary Alternatives:
GF, DF, EF, VE: Corn chips

FRIDAY

Pasta & Meatballs

White and wholemeal pasta,
tomato based pasta sauce,
meatballs, cheese and peas.

Dietary Alternatives:
GF: GF pasta
V, GF, DF, VE: Kumara quinoa
Amazeballs
H, NB: Lamb meatballs, or
Amazeballs
DF, VE: Vegan cheese

Snack: Seasonal Fruit

Snack Dietary Alternatives:
None

Happy Holidays!

Key: (V) Vegetarian. (GF) Gluten Free. (DF) Dairy Free. (EF) Egg Free. (H) Halal. (NB) No Beef. (NP) No Pork. *Senior students additional item.
Meals will be prepared to cater for children with specific allergies or cultural requirements. If you need these options please make the school aware two weeks in advance. Meals are prepared in a non-allergen controlled environment.
If you have low tolerance towards certain allergens please notify the school immediately. Items may vary subject to supply.

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facebook.com/lunchbylibelle

www.lunchbylibelle.co.nz



Room 7 & 8 Making Broccoli Fritters



Room 16 Making Lemonade

